

### Uniform:

- Tracksuit (The Sisters, Village Green, Tallaght)  
OR
- Grey trousers/skirt/pinafore, white shirt & red jumper/cardigan, grey tie
- Choose **zips** over buttons: **velcro** NO LACES
- Elasticated waistband and tie – no belts
- LABEL all items and check regularly
- Long hair tied up please

### School Bag:

- Big enough to fit A4 folder
- No wheels
- Label everything
- No pencil case : Keep at home for homework
- No bringing toys to school

### Lunchbox and Reusable Beaker:

- Ensure that these are easily manageable (child must be able to open and close independently)
- Practise 'Lunch Time' over Summer months
- As a Green School, children take home all wrappers/food so ensure lunchbox is washed and cleared out on a daily basis

Children are **expected to be competent** in the following areas:

- Toileting: wiping, flushing, washing hands & tucking in
- Putting on and taking off coats and jumpers (**Work on turning sleeves inside out over Summer please**)
- Hanging coat on coat rack
- Managing lunchbox and reusable beaker

**Day one ... September 1<sup>st</sup> ... 9.15am – 12pm**

Children finish at 12 noon until Thurs Sept 15th

- Get up nice and early, make it a relaxed experience
- Have a good breakfast
- Be on time (early if possible)
- If child is upset, be calm, relaxed and reassuring
- Be positive!
- Leave him/her to us, children settle surprisingly quickly ... we have lots of distraction techniques!

**Attendance and Punctuality:** Punctuality is essential

- School begins at 9am and ends at 1.40pm
- All absences **must** be explained. We are obliged to report absences exceeding 20 days per year to N.E.W.B.

## Scoil Carmel



## Junior Infants

### Please Inform Us:

- Reasons for absences (a note, dojo/ Aladdin message, or phone call)
- Any issues happening at home which might be affecting your child: health/ loss /separation
- Medical conditions, allergies or Speech & Language difficulties
- If somebody different is collecting your child
- Available for meetings after 1.40pm – mornings are unsuitable

**Lunch:** Scoil Carmel has a Healthy Eating Policy

**\*NO NUTS – JUNIOR INFANTS IS A NUT FREE ZONE\***

- Lón beag: (Fruit & Veg break) & Lón mór: (Big Break)
- Give child a small, manageable amount
- **Examples of suitable items:** chopped apple, peeled mandarin, banana, peeled kiwi, strawberries, blueberries, chopped grapes, raisins etc. Cucumber, peppers, cherry tomatoes, carrot sticks, celery, sweetcorn. Dry cereal, Sandwiches, pasta, crackers, cheese, pancakes, croissant
- **Suitable drinks:** water, fruit juice, milk in reusable beaker. No cartons, straw drinks or fizzy drinks
- One small treat on Fridays: fun-size only (again no nuts)
- Please ensure fruit is peeled and chopped – ready to eat
- No yoghurts at first please
- Frubes are not allowed in Junior Infants – too messy!

**Communication: 'Mo Scéal' form will be sent to you via email**

- Register with Aladdin Connect when code is sent
- Class dojo will be set up in September

Looking forward to meeting you all and having a super year!  
Enjoy your Summer holidays and see you all soon! ☺